



VETS RECOVER

TRANSFORMING THE CULTURE OF CARE

GIVE THE HELP THEY NEED, WHEN THEY NEED IT

Register for Mental Health First Aid today

Mental Health First Aid

Vets Recover is proud to offer Mental Health First Aid (MHFA) to our community. Through this course, we aim to elevate our community's response to the mental health crisis in our area and educate community members on the value of building resiliency.

During this 8-hour session, you will learn to identify and provide an initial, effective response for someone facing mental health challenges.

Upcoming Trainings

Register today by visiting our [website](#) or by calling 251-405-3677.

Hosting a Training

Interested in hosting a training at your organization?

Contact Melissa McKnight,
Director of Community Integration,
at msm@vetsrecover.org.

CONTACT US

Vets Recover
251-405-3677

Melissa McKnight
msm@vetsrecover.org

<https://vetsrecover.org/mhfa/>